Did you know?

The Mass is also being recorded and if 5:00pm is not the Mass you usually attend, you can view the video whenever you choose. Last Saturday night’s Mass has been viewed 455 times. The feedback has been very positive and I’d like to share some of the comments with you:

A beautiful life giving Healing Mass with a wonderful, informative homily and heart prayers. Thank you!
- Wendy Truxal

This was such a blessing and an encouragement! Praise God for Fr Garry and his Holy Spirit inspired homily.
- Lucy White

It was so nice to hear our Father Garry and see inside of our church. It was calm in this chaotic world right now. I felt like we were praying together.
- Rosemary Barr

Thank you Father Gary for this online mass, may God have compassion on us
- Richie Cheryl Bouyoba Tsogho

Thank you for bringing the Mass close to us in our homes during this exceptionally difficult time. It felt possible to be together in spirit even though I watched it later. And thank Fr. Gary for the appropriate message. We’ll get through this.
- Brian Caughey

In these changing times, I am grateful we have God, each other, and our Catholic Faith. May God continue to bless you,
- Stacy Vinofus

Today, 21March2020, is the first day where I am that organized gatherings are banned. Not being able to participate in the Celebration of the Sacrifice of the Mass makes my heart hurt. Seeing Mass at home goes a long way to remedy this sadness. Thank you from Camp Lemonnier, Djibouti!
- Blake Moser

(Originally stationed on the Horn of Africa)

One of the most beautiful masses we’ve ever attended. Great job Father Gary. Very comforting and reassuring. Thank you all for being proactive. Matthew 14:27 -At once Jesus spoke to them, Take courage, "It is I; do not be afraid.”
- Lou & Kathy Marzano

Thank you so much for doing this!! Rebecca and I literally cried watching the Mass from home this morning.
We watched EWTN's mass last weekend but having our NEWMAN mass is special.
- Dan and Rebecca Albrich

Thank you so much for doing this! My family watched from our home in New Jersey this evening. It was good to be back home at Newman where my husband and our daughter were both baptized. God Bless.
- Thérèse Hurley

That we live streamed last Saturday night Mass?

And that we will do it again this Saturday night at 5:00pm!

Go to YouTube Channel UONewmanLive
Links posted and updated at our Website UOneman.org
Spiritual Communion Prayer

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

All Mass intentions are prayed for as scheduled, as our Priests continue to say a private daily Mass in their Chapel. There are many openings; if you would like to request a Mass Intention, please go to our website: https://www.uonewman.org/mass-intentions-calendar.html

MASS INTENTIONS THROUGH APRIL

March 31  Jordan Marx
April  4  Paul Hawkins (d)
April  5  Walter and Irene (d)
          Dick Stokes (d)
          Pro Populo
April 12 Devotees of St Jude
          Dick Stokes (d)
          Pro Populo
April 18 Kathleen Beskit (d)
April 19 Dick Stokes
          Pro Populo
April 25 Kathleen Beskit (d)
April 26 Tony Moran (d)
          Dick Stokes (d)
          Pro Populo

Parish News

- Jackie Cordoba, who plays the flute at the Sunday night Mass, had a baby girl!
- Keep checking our YouTube channel and our website. Fr Peter and Fr Garry will be offering up a private Easter Vigil Mass at 8:00pm and a private Easter Day Mass at 11:00am. We’re hoping to have both of them live-streamed. We may be able to have Holy Thursday and Good Friday streamed as well; we’re not yet sure if it will all come together. Kathy will keep the website and Facebook page updated.
- How are you faring in this time of Social Distancing? If you’re having a rough time, please email or phone either the priests or other members of staff. We’re here for you!
- Any Parish News you’d like to share? Should we have a prayer list in the next bulletin? Let Kathy know!

Sunday Readings

March 29, 2020
Fifth Sunday of Lent
EZ 37:12-24; Rom 8:8-11; JN 11:1-45

April 5, 2020
Palm Sunday of the Lord’s Passion
MT 21L:1-11; IS 50:4-7; Phil 2:6-11/ MT 26:14-27

Prayer for an end to the pandemic

Let us pray, dearly beloved, for a swift end to the coronavirus pandemic that afflicts our world, that our God and Father will heal the sick, strengthen those who care for them, and help us all to persevere in faith.

Prayer in silence.
Then the Priest says:
Almighty and merciful God, source of all life, health and healing, look with compassion on our world, brought low by disease; protect us in the midst of the grave challenges that assail us and in your fatherly providence grant recovery to the stricken, strength to those who care for them, and success to those working to eradicate this scourge.

Through Christ our Lord.
R. Amen.
Here are a few websites & podcasts that you may find helpful

Matthew Kelly  
[ dynamiccatholic.com/rediscover-jesus-program/reflections ]
Your Daily Prayer Online  
[ sacredspace.ie ]
Reorienting Ourselves Towards God  
[ pray-as-you-go.org ]

Podcasts

[ Just One Small Thing ]
Catholic Women of all ages and experiences

[ The Art of Catholic with Matthew Leonard ]
Catholic author, speaker, filmmaker, and founder of Next Level Catholic

[ Pray More Novenas ]
Catholic prayers and devotions, including a novena for the Coronavirus.

[ The Catholics Next Door ]
Adventures in Imperfect Living Catholic Podcast; Catholic marriage and family life, with a dose of humor

Are you working from home while social distancing?  
Here are some tips from the Archdiocese
Remote work does take some adjustment. Here are some habits and strategies for staying productive while working from home.

- Give yourself a buffer in the morning.
- Set your alarm and add a buffer to get your thoughts together. Use this time to read your bible and pray, meditate, exercise or enjoy a cup of coffee.
- Choose one or more dedicated work spaces. This helps maintain separation between your work activities and usual home activities.
- Have clearly defined work hours and stick to them.
- Set agreed upon guidelines with family members so they know when you should not be interrupted.
- Take lunch breaks and also frequent breaks to prevent burnout. Take a walk or do some other exercise that you enjoy.
- Be clear to your managers and colleagues what hours you are working. If you have questions about scheduling, ask!
- Communicate with your fellow co-workers on a consistent basis.
- Set up regular check-ins by phone or video conference.
- Keep regular deadlines and (virtual) meetings scheduled if possible. As much as possible, leave work behind when the day is over.
- This helps prevent burnout and work-related stress in addition to promoting a healthy work/life balance.
- Be sure to socialize after work. Even if it is just a video call. It’ll keep the loneliness at bay during these unprecedented times.

Development Corner
Thank you to everyone that has mailed in or used electronic giving to send in your offering during this time. Your support to St. Thomas More is deeply appreciated. If you need assistance in signing up for electronic giving, please contact me at development@uonewman or call 458-215-4211.
Thank you,
Andy Roybal

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Thank you,
Andy Roybal
Everyone who had their picture taken for the Directory, is represented in church. If you’d like your picture in “the pews” please email it/them to:

Newman.photo.uplink@gmail.com

I thought you’d enjoy seeing our Friday staff meeting! /Kathy